


# PARCHMORE FOOD STOP



 Parchmore  
Methodist Church and Community Centre



## DO YOU NEED SUPPORT?

The Parchmore Centre Food Stop in Thornton Heath is a food sharing club open to local residents.

Members pay £3.50 a week for 15 to 20 items of shopping, helping residents to save an average of £500 to £700 per year.

## WHO CAN WE HELP?

Residents affected by any of these issues can join the Food Stop and are also introduced to Community Connect services:

- welfare reform
- rent arrears
- financial or employment difficulties
- at risk of homelessness or homeless
- wanting to better their situation



## COMMUNITY CONNECT

Offers these services:

- welfare rights advice
- housing advice
- personal budgeting support
- debt management
- landlord liaison
- help finding a job
- services that promote wellbeing and resilience



## CONTACT US

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